



ROWING
CANADA
AVIRON



NATIONAL ROWING CHAMPIONSHIPS

London, Ontario

Tuesday, November 3 and Wednesday, November 4, 2009

BULLETIN No. 1

July 1, 2009

RIGHT OF ENTRY

The National Rowing Championships (NRC) shall be open only to entries received from RCA member provincial / territorial rowing associations. This includes athletes who have competed on RCA national teams in the summer of 2009, nationally carded athletes and athletes training at the national team training centres, and they shall enter the NRC under the colours of their respective provincial / territorial rowing association.

The provincial or territorial rowing associations shall pay the entry fees for all of the athletes wearing the colours of their provincial or territorial association, including the athletes described in the paragraph above. The province or territory will supply the provincial or territorial singlet to each athlete rowing for it. The RCA national training centres shall cover the transportation, accommodation and meal expenses for the nationally affiliated athletes described above, who compete at the NRC.

Athletes shall compete in their provincial or territorial colours, including when competing in composite boats.

Composite crews may be made up of any combination of athletes representing any combination of provinces / territories, without restriction. Composite entries shall be made at the discretion of the provinces / territories making the entry(s). Composite entries of nationally affiliated athletes however, shall be made at the discretion of the national training centre coaches.

There shall be no limit on the number of athletes per province / territory team nor the number of entries a province or territory could make in any one event.

Competitors will be limited to compete in one event per day.

Athletes must meet their province's or territory's minimum performance criteria to be entered into the event.

There shall be no minimum or maximum age to compete in the NRC.

ENTRY FEES / ENTRY DEADLINE

The host of the 2009 National Rowing Championships, the London Rowing Society, is holding the fees at the same level as last year. The entry fees will be \$50.00 for singles; \$60.00 for pairs. The scratch fee will be \$50.00 and a crew name change will cost \$5.00. Information on making entries and where to send the entry fee will be in Bulletin No. 2 in August. The entry deadline will be midnight, EDT, **Monday, October 19, 2009**.

PARTICIPANT REGISTRATION

An alpha list is to be submitted by the entry deadline (above). The alpha list is to be sent to the RCA Victoria office and the regatta registrar. Specific addresses will be included in Bulletin No. 2. The alpha list is to include the following information:

- The names of the athletes and coaches on the provincial team**
- The sex of each athlete
- The club affiliation of each athlete and coach
- The RCA registration number of each athlete and coach
- The date of birth for athletes who will be entered in age restricted events.

** The team alpha list is to include the names and information of any nationally affiliated athlete who will be competing for his / her provincial / territorial team.

EVENTS

There will be 22 events:

Four Adaptive events: AM1x, AW1x, TA2x, LTA4+. It is anticipated the Adaptive events will be finals only and raced at the beginning of the second day of competition.

The other 18 events will be as follows and they will be raced in the time trials, semi-finals and finals within the groups as shown here:

Group 1	JW1x, BW1x, W1x
Group 2	JW2-, BW2-, W2-
Group 3	BLW1x, LW1x
Group 4	JM1x, BM1x, M1x
Group 5	JM2-, BM2-, M2-
Group 6	BLM1x, LM1x
Group 7	BLM2-, LM2-

Entries within a group will remain in the group throughout the time trial, semi-finals and finals and will be awarded medals based on the performance within the event and group. For example, if in Final A of Group 1 the 1st and 2nd place boats were W1x entries and the third place boat was a JW1x entry, that athlete in the third place boat would be declared the bronze medallist of the W1x and the gold medallist in the JW1x.

PROVISIONAL RACE SCHEDULE

The following times are provisional and depend on the number of entries.

Tuesday, November 3rd

The time trials will be held for the seven groups in the numerical order as shown above commencing at 8:30 a.m., concluding at approximately noon. The semi-finals will commence at 12:30 p.m. and conclude at 4:40 p.m.

Wednesday, November 4th

The Adaptive races will begin at 8:22 a.m. and the group finals A through F (as required depending on the number of entries) follow and would conclude at 12:35 p.m.

PROGRESSION SYSTEM

Time trials will be used instead of heats and repêchages. For the purposes of designing the progression system, the total number of entries within a group are used. Based on anticipated numbers for specific groups, two cases have been developed:

Case 1: 24 entries (for groups 2, 3, 5, 6, and 7):

Format: One time trial, four semi-finals, final A, B, C and D.

Time trial: Fastest 2 crews advance to final A. The remainder advance to semi-final A, B, C, D in the descending order of the placing in the time trial.

Semi-final: Fastest two crews in semi-finals A/B advance to final A; the 3 – 5 place boats advance to final B and the 6th place boats go to final C. In semi-final C crews 1 – 3 advance to final C and the remainder go to final D. In semi-final D the first place boat advances to final C and places 2 – 4 advance to final D.

Case 2: 36 entries (for groups 1 and 4):

Format: One time trial, six semi-finals, final A, B, C, D, E and F.

Time trial: Fastest 2 crews advance to final A. Remainder advance to semi-final A, B, C, D, E, and F in descending order of the placing in the time trial. If there are more than 36 entries, boats placing 37th and slower will not advance.

Semi-final: Fastest 2 crews in semi-finals A/B advance to final A; the 3 – 5 place boats go to final B and the 6th place boats go to final C. The first 2 boats in semi-finals C/D advance to final C; places 3 – 5 go to final D and the 6th place boats go to final E. The first 2 boats in semi-finals E/F go to final E. In semi-final E places 3 – 5 advance to final F and the 6th place boat is eliminated. In semi-final F the 3rd and 4th place boats advance to final F.

PROVINCIAL TRAVEL SUBSIDY

Detailed information will be included with Bulletin No. 2. The total money available in the subsidy pool is the same as last year, \$30,000.

HOTEL INFORMATION

Will be included in Bulletin No. 2.

The London Rowing Society and Rowing Canada look forward to seeing you in London at Fanshawe Lake, home of Rowing Canada's London National Training Centre. If you have any questions on the above or the attached, please contact RCA's Domestic Development Officer – Sport Technical, Dave Derry at 905-682-1747 (office) or dderry@rowingcanada.org.