



**June 26, 2009**

## **2009 Canadian Under 23 National Rowing Team**

Rowing Canada Aviron is proud to announce the following athletes and coaches will represent Canada at the World Rowing Under 23 Championships in Racice, Czech Republic, from July 23<sup>rd</sup> to 26<sup>th</sup>.

The World Rowing Under 23 Championships are a showcase of up-and-coming athletes who are above a junior level age, but are still in need of further development to rank among top senior elite rowers. See [www.worldrowing.com](http://www.worldrowing.com) for more information.

### **U23 Men's 8+**

Richard Anderson	Victoria City Rowing Club
Spencer Crowley	Brentwood College Rowing Club
Stephen Connolly	Shawnigan Lake Rowing Club
Will Dean	Kelowna Rowing Club
Matt Evans	Hanlan Rowing Club
Josh Morris	University of Victoria Rowing Club
Blake Parsons	Hanlan Rowing Club
Geoff Roth	Alberta Rowing Association/ Shawnigan Lake RC
Ronan Sabo-Walsh	St. George's School / UBC

### **U23 Men's 4-**

Will Crothers	Kingston Rowing Club
Anthony Jacob	Vancouver College Rowing Club
Max Lang	Shawnigan Lake Rowing Club
Conlin McCabe	Brockville Rowing Club

### **U23 Men's 1x**

Michael Braithwaite	Hanlan Rowing Club
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### **U23 Lightweight Men's 4-**

Rares Crisan	Don Rowing Club
Travis King	Brock University Rowing Club
Ryan Meyers	Kingston Rowing Club
Jeff Overington	Kingston Rowing Club

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Member of F.I.S.A., Canadian Olympic Committee/Membre de F.I.S.A., Comité Olympique Canadienne/

Membre de F.I.S.A., Comité Olympique Canadienne, Comité paralympique canadienne

**U23 Women's 8+**

Rosanne DeBoef	Victoria City Rowing Club
Ashton Brown	Calgary Rowing Club
Lauren Hutchins	Burnaby Lake Rowing Club
Kim Kennedy	Calgary Rowing Club
Kristen Kit (coxswain)	UBC Rowing Club
Natalie Mastracci	St Catharines Rowing Club
Kira O'Sullivan	Victoria City Rowing Club
Caitlin Trumble	Swan River Rowing Club (AUS)
Lauren Wilkinson	Burnaby Lake Rowing Club

**U23 Women's Spare 2-**

Sarah Black	Ottawa Rowing Club
Erika Shaw	Victoria City Rowing Club

**U23 Lightweight Women's 4x**

Ricki Baxter	Burnaby Lake Rowing Club
Emma Bedard	Montreal Rowing Club
Rebecca Gregory	Leander Boat Club
Kathryn Twyman	Western Rowing Club

**Staff**

Terry Paul	Men's Head Coach
Doug White	Men's Assistant Coach
Pat Newman	Men's Assistant Coach
Michelle Darvill	Women's Head Coach
Dan Bechard	Women's Assistant Coach
Jarret Poitras	Team Manager
Ellen Meliesie	Physiotherapist
Kubet Weston	Physiotherapist
Susan Lott	Physiotherapist

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Phil Monckton  
VP High Performance