



**ROWING
CANADA
AVIRON**



NATIONAL ROWING CHAMPIONSHIPS
London, Ontario
Tuesday, November 3 and Wednesday, November 4, 2009

BULLETIN No. 3
October 18, 2009

ENTRY FORM PROBLEM FIXED

The entry form in Excel for MSOffice 2003 is attached for those who were experiencing problems with the Office 2007 version circulated with Bulletin No. 2. The attached (v3) also has the correct entry fees and the duplicate sheet tab for the W1x has been corrected.

ENTRY FORM SUBMISSION CHANGE OF ADDRESS

Entry forms are still be sent to the Regatta Registrar, Charles McClellan by **midnight, EDT Monday, October 19, 2009**. There may be a problem however, with attached “zipped” files getting through UWO’s filters. Accordingly, please send your entries to Charles at his personal e-mail address **mccllel@rogers.com** in addition to his work address: **mccllell@uwo.ca**.

PRACTICE & MEETING TIMES

The Fanshawe Lake course will be open for practice as follows:

Saturday, Oct. 31 st :	dawn to dusk
Sunday, Nov. 1 st :	dawn to dusk
Monday, Nov. 2 nd :	dawn to dusk. Coaches meeting 7:00 p.m. at boathouse
Tuesday, Nov. 3 rd :	7:00 a.m.** to 8:00 a.m.; 4:40 p.m. to 5:45 p.m.
Wednesday, Nov. 4 th	7:00 a.m.** to 8:00 a.m.

** Coaches meeting at these times if required.

Maps showing practice and racing traffic patterns will be sent with Bulletin No. 4.

TIME TRIAL START ORDER

The start order for the Time Trial will be provisional when it is first posted October 26th. The final start order, to be published by November 1st, will have the faster boats, as determined by the national team coaches, start sooner in the Time Trial, to avoid, as much as possible, the chances of crews be overtaken by faster crews.

MEDAL PRESENTATIONS

All medals will be presented at the Boathouse after the last race on Wednesday.

HOTEL INFORMATION UPDATE

Rooms have been blocked at the hotels listed below. The reservation process varies with each hotel. The particulars are as follows:

Airport Inn & Suites Hotel
2230 Dundas Street West
London, ON N5V 1R5
519-457-1200
1-877-464-1200
519-659-1632 FAX

40 rooms blocked
Cut off date is Monday, Oct. 19th
Rate: \$92.00 + taxes, two people per room
Four people per room: \$102.00 + taxes
Rate includes full hot breakfast
Reference: "National Rowing Championships"

Ramada Hotel
817 Exeter Rd. at Wellington
London, ON N6E 1W1
519-681-4900
519-681-5065 FAX

20 (two queen beds) rooms blocked
Cut off date is **extended to Oct. 23rd**
Rate: \$79.00 + taxes 1-4 people per room
Free Internet, microwave, fridge in each room
Reference: ROW

Delta London Armouries
325 Dundas Street
London, ON N6B 1T9
519-679-6111

60 rooms blocked
Cut off date is Monday, Oct. 19th
Rate: \$89.99 + taxes, four people per room
Book on-line directly at:
<http://www.deltalondonarmouries.com/gjrwch>