



NOVEMBER 5-6, 2011 – WELLAND INTERNATIONAL FLATWATER CENTRE – WELLAND, ON

Hosted by: THE UNIVERSITY OF WESTERN ONTARIO MUSTANGS

Website: http://www.westernmustangs.ca/sports/2011/6/28/ROWING_0628115251.aspx?path=row

TRAINING AND RACE SCHEDULE

SCHEDULE OF EVENTS:

CURA AGM

Thursday, November 3rd, 5pm

Location: BEST WESTERN PLUS Rose City Suites, Conference Room

CURA TECHNICAL MEETING

Friday, November 4th, 7pm

Location: BEST WESTERN PLUS Rose City Suites, Conference Room

REGISTRATION

All crews must register and have entry fees paid before they will be allowed on the water. Athletes will require School photo ID to register

Thursday 9:00 a.m. to 4:00 p.m.

Friday 7:00 a.m. to 4:00 p.m.

Saturday 7:00 a.m. to 8:00 p.m.

ORDER OF EVENTS:

Saturday November 5, 2011

Lightweight Women weigh-in open 7:00-8:00 a.m. All events weigh in the scheduled period.

Lightweight Men weigh-in open 7:30-8:30 a.m. All events weigh in the scheduled period.

Coxswains weigh-in open 7:00-8:30 a.m. All events weigh in the scheduled period.

Manager/Coaches meeting at 7:30 a.m.

TIME TRIALS

09:00 a.m. Women's 1x

09:30 a.m. Lightweight Men's 2x

10:00 a.m. Lightweight Women's 1x

10:30 a.m. Men's 2-

11:00 a.m. Women's 8+

11:30 a.m. Lightweight Men's 4+

12:00 p.m. Men's 1x

12:30 p.m. Lightweight Women's 2x

01:00 p.m. Women's 2-

01:30 p.m. Lightweight Men's 1x

02:00 p.m. Lightweight Women's 4+

02:30 p.m. Men's 8+





Sunday November 7, 2010

Lightweight Women weigh-in open 7:00-8:00 a.m. All events weigh in the scheduled period.

Lightweight Men weigh-in open 7:30-8:30 a.m. All events weigh in the scheduled period.

Coxswains weigh-in open 7:00-8:30 a.m. All events weigh in the scheduled period.

PHOTO ID REQUIRED

Manager/Coaches meeting at 7:30 a.m.

FINALS A, B, C

09:00 a.m. Women's 1x

09:30 a.m. Lightweight Men's 2x

10:00 a.m. Lightweight Women's 1x

10:30 a.m. Men's 2-

11:00 a.m. Women's 8+

11:30 a.m. Lightweight Men's 4+

12:00 p.m. Men's 1x

12:30 p.m. Lightweight Women's 2x

01:00 p.m. Women's 2-

01:30 p.m. Lightweight Men's 1x

02:00 p.m. Lightweight Women's 4+

02:30 p.m. Men's 8+

TRAINING

The regatta committee reserves the right to modify all training times. ALL CREWS MUST BE OFF THE WATER BY THE POSTED SUNSET TIMES. Please note that sunset is not when it gets dark and "off the water" means off the water and not half way down the course. FAILURE TO ABIDE BY THE RULE MAY RESULT IN A YELLOW CARD, EXCLUSION OR DISQUALIFICATION.

Safety boats will be on the course during training.

Thursday November 3, 2011, Course open for training 8:00 a.m. to 6:00 p.m.

Friday November 4, 2011, Course open for training 8:00 a.m. to 6:00 p.m.

Saturday November 5, 2011, Course open for training 7:00-8:30 a.m., 15' post racing to sunset 6:00 p.m.

Sunday November 6, 2011, Course open for training 7:00-8:30 a.m.

