



ROWING
CANADA
AVIRON

www.rowingcanada.org

August 19, 2009

To: Rowing Canada Aviron Members

From: The RCA Awards Committee

Re: 2009 RCA Award's Nominations

We need your help in identifying members who merit certain RCA awards this year.

Rowing Canada Aviron's annual awards are made by the Executive Committee on the basis of recommendations from the Awards Committee. Some awards, such as athletes and coaches of the year, are based exclusively on results at regattas that the Awards Committee computes. Other awards, however, are selected from nominations received. Accordingly, Provincial Rowing Associations, rowing clubs, special associations and club members are invited to submit nominations for the following RCA awards:

- ❖ volunteer service awards (long Service Award, Centennial Medal and Award of Merit);
- ❖ coaching recognition award;
- ❖ special citation award
- ❖ male and female Adaptive Athlete of the Year
- ❖ Adaptive Coach of the Year

If you have any candidates for the 15, 25, 35, 45 or 50 year long service awards but are unsure whether they have already received the award you can review the lists of awards made since 2001 on the Rowing Canada Aviron web site at http://www.rowingcanada.org/member_services/awards/
If you are still unsure please contact Justin Fryer (justinfryer@shaw.ca) who will advise you.

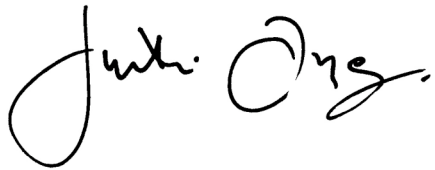
The criteria for these awards are attached. Further details can be found in the Awards policy on the RCA web site under Member Services/Policies.

Award winners will be announced at the Awards Banquet during the Annual General Meeting to be held in Vancouver on Saturday, December 5, 2009 except for the coaching recognition award that will be announced at the Annual Coaches' Conference in January 2010.

We depend on members to come forward to identify those deserving of the above awards, so please respond. Nominations may be sent to the RCA office by mail, fax or e-mail to the address below or by email to justinfryer@shaw.ca

Any questions can be addressed to Justin Fryer, telephone 250 709 9081.

Please submit your nominations by October 1, 2009

A handwritten signature in black ink that reads "Justin Fryer". The signature is written in a cursive style with a large, looped initial "J" and a stylized "Fryer".

Justin Fryer,
RCA Awards Committee

CRITERIA FOR RCA AWARDS FOR WHICH NOMINATIONS ARE SOUGHT

RCA VOLUNTEER SERVICE AWARDS

To qualify for a volunteer service award a person must be registered with RCA at the time of the award.

Long service awards are given for service to RCA of 15, 25, 35, 45 and 50 years. Service shall be determined on the basis of participation as:

- ❖ a member of a member club of RCA providing volunteer service for at least two days in each qualifying year;
- ❖ a volunteer administrator at any level within RCA;
- ❖ a volunteer coach at any level within RCA; and
- ❖ an official at any level within RCA.

No Long Service Award will be awarded for service rendered as a competitive athlete at the club level only. A Long Service Award may be awarded for an athlete who has represented Canada if the competitive period was for 15 years and not more than 5 qualifying years were at the club competitive level.

Nominated members will receive a distinctive long service pin.

CENTENNIAL MEDAL AND AWARD OF MERIT

Holders of the long service award will be considered for the Centennial Medal and Award of Merit. They will be evaluated according to the points system set out in Appendix A to the Awards Policy.

COACHING RECOGNITION AWARD

The RCA Coaching Recognition Award will be presented annually at the annual coaching conference to a coach who has:

- ❖ demonstrated a long term commitment to coaching excellence;
- ❖ developed outstanding crews or individual athletes in competitive activities;
- ❖ contributed to the development of other coaches and their rowers;
- ❖ functioned as a role model and a builder for our sport;
- ❖ consistently contributed to the Canadian rowing system.

The coach would be one who:

- ❖ espouses fair play and good sportsmanship;
- ❖ instills good ethical and moral principles;
- ❖ demonstrates respect for officials;
- ❖ is committed to the growth of the sport;
- ❖ promotes the development of athletes' abilities both on and off the water;
- ❖ has been continuously involved in RCA's national coaching education program; and
- ❖ has the respect of his or her peers.

Nominations for this award will be reviewed by RCA's level 4/5 committee which will make its recommendation to RCA's Awards Committee.

SPECIAL CITATION AWARD

This is awarded in recognition of significant acts of bravery, good sportsmanship and concern for others which uphold the traditional values of our sport.

ANNUAL ADAPTIVE ROWING AWARDS

The awards committee will select the recipients of the adaptive male and female athletes and adaptive coach awards from nominations received based on:

- ❖ results at any recreational, adaptive and able bodied events entered by the athlete; and
- ❖ improvement over the course of the year (nomination to outline how improvement has been measured).

For adaptive coaches, the following would also be considered:

- ❖ commitment to the growth of adaptive rowing;
- ❖ espouses fair play and good sportsmanship;
- ❖ instills good ethical and moral principles;
- ❖ demonstrates respect for officials;
- ❖ promotes the development of athletes' abilities both on and off the water;
- ❖ has been continuously involved in RCA's national coaching education program; and
- ❖ has the respect of his or her peers.